



www.malleefamilycare.com.au

Providing therapy for children up to 12 years of age with emerging mental health disorder.

Contact:

Mallee Family Care
PO Box 1870 Mildura VIC 3502

Family Relationship Service
105 Lemon Avenue, Mildura
Phone 03 5021 7400
Email adminfrs@malleefamilycare.com.au

The Family Relationship Service is available
9am-5pm Monday, Tuesday, Thursday and Friday.
9am-7pm Wednesday.

Appointments can be conducted in Mildura
and Robinvale

This program is supported by Murray Primary
Health Network

Mallee Family Care (MFC) complies with the National
Privacy Legislation and Australian Privacy Principles.

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Children's Mental Health Services

www.malleefamilycare.com.au

Therapy for children up to 12 years with emerging mental health disorders

At Mallee Family Care we are committed to ensuring all children in our community receive the care and support they need to live safe, happy, healthy and meaningful lives and reach their full potential.

Through our Child Mental Health Service, we are able to provide counselling and treatment support to children with emerging mental illness, behavioural and emotional disorders.

Our service can provide up to 12 free treatment sessions per year for eligible children and their families. In some cases these sessions can be extended.

Type of intervention

The Service's skilled practitioners will work with the child and their families/carers, using evidence-informed, short-term psychological strategies and interventions, to equip the child and their family with the skills and strategies they need to effectively manage the presenting concerns. Cognitive Behavioural Therapy (CBT) for children and adolescents, is one of our primary treatment models.

Eligibility

The service can support children and their families living in the Mildura Local Government area and also in Robinvale and who are:

- Assessed by a GP, Paediatrician or Psychiatrist as having signs and symptoms of an emerging mental health disorder (including conduct disorder); or
- Demonstrating one or more social, emotional and/or behavioural signs or symptoms indicating they are at risk of developing a mental health disorder and it's significantly impacting their everyday life and/or disrupting their development in one or more settings.

A Child Treatment Plan (CTP) – otherwise known as a Mental Health Treatment Plan – developed by the child's relevant medical practitioner is also required to access this service.

Children and their families who are able to afford and access Medicare funded 'Better Access' programs are not eligible for this service.

Referrals:

Children can be directly referred to our service by their GP, paediatrician or psychiatrist, with their CTP.

Allied Health Therapists, NGO medical officers, Social Workers, Psychologists, Mental Health Nurses, Aboriginal Health Care Workers, School and Early Childhood Services Psychologists, Counsellors or senior staff members can all initiate provisional referrals but need to ensure that within two weeks, the child has seen a medical practitioner and a CTP has been developed.

Referrals for children and their families can be made to the Child Mental Health Service by phoning 03 5021 7400 or emailing adminfrs@malleefamilycare.com.au